

SURVIVOR POLE CHAMPIONSHIPS

OPEN MENS LEVEL- ALL MAY APPLY RULES AND REQUIRMENTS

- Routines are to be between 3-3.5 minutes long
- Studio owners, instructors, amateur and professionals may enter this level

As this is an open level you may do any trick combinations you desire

Compulsory requirements

- At least one aerial shoulder mount, dismount or hold/planch
- At least one power move- E.g. Iron x, human flag, leaver, dead lift moves & tabletops
- At least one move that showcases flexibility in any part of the body – E.g. Machine gun, Jade split, Janerio, Russian split & iguana mount

Entrants will receive bonus points for incorporating a prop into their performance

Props & Costume

- Men's category can wear any footwear desired
- props are to be approved by a Storm Studio staff member prior to the night
- items of clothing may be removed

